

Idaho's Publicly  
▼ Funded Behavioral Health  
System – an overview

Idaho Department of Health and Welfare - Division of Behavioral Health

Idaho's Publicly Funded Behavioral Health System  
– an overview

**Behavioral Health Authority**

IDHW – Division of Behavioral Health (DBH)

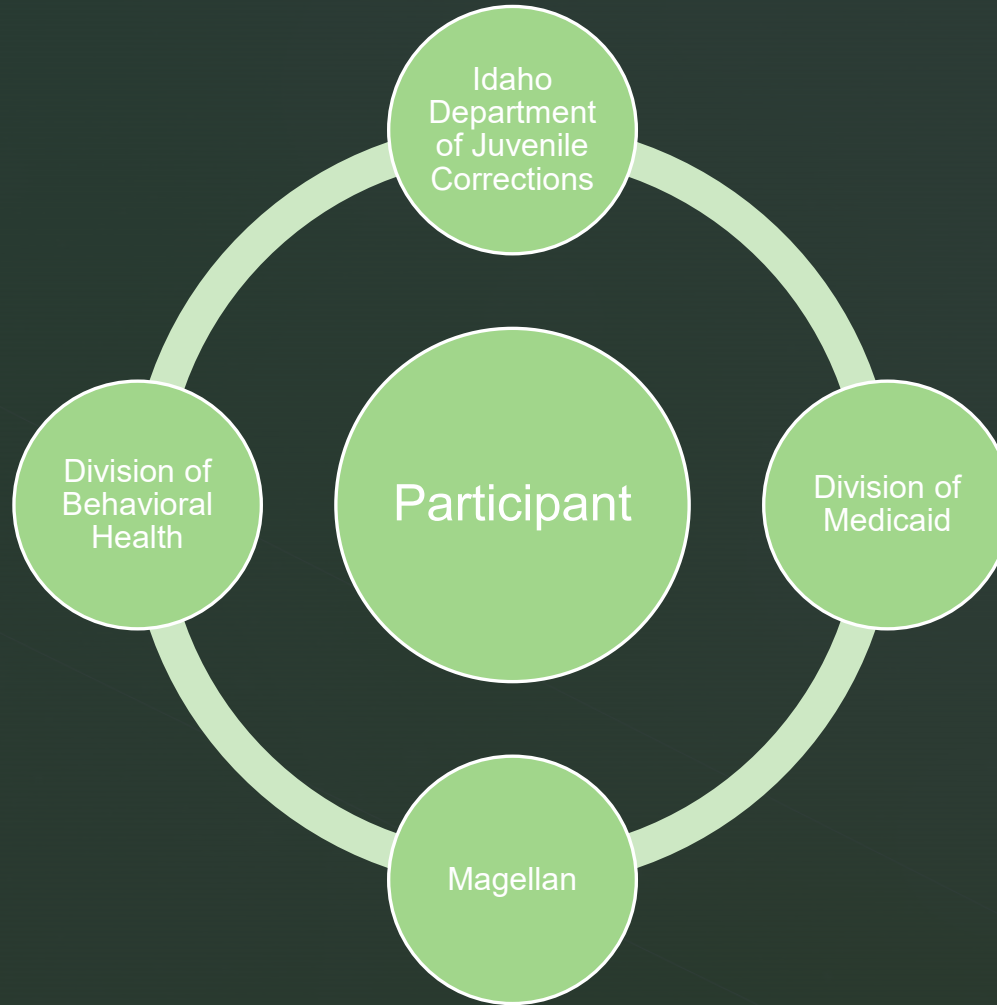
**Managed Care Organization (MCO)**

Magellan

# Idaho's Publicly Funded Behavioral Health System – an overview

Inpatient/Residential	Outpatient	Crisis
Private Psychiatric Hospitals	Individual and Group Counseling	988
State Psychiatric Hospitals - North, South, West	Medication Management & Medication Assisted Therapy	Emergency Departments
Psychiatric Residential Treatment Facilities (PRTF)	Targeted Care Coordination, Care Management and other Recovery Supports	Mobile Response Teams/CIT
Homes with Adult Residential Treatment (HART)	Peer Support and Recovery Coach Services	Crisis Centers – Youth and Adults
Substance Use Disorder	Assertive Community Treatment/Wraparound, other intensive outpatient services	CCBHCs

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**KEEP  
CALM  
WE'RE  
GOING  
LIVE**

New Managed Care  
Organization (MCO)  
Go-Live Date

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March 01, 2024

# Accessing Behavioral Health Services

## Adult Mental Health

### PATH Projects for Assistance in Transition from Homelessness

- Services for people with serious mental illness (SMI) experiencing homelessness
- SAMHSA's PATH Program is a formula grant authorized by the Stewart B. McKinney Homeless Assistance Amendments Act of 1990 and was reauthorized by Section 1218 of the Consolidated Appropriations Act, 2023 (P.L. 117-328). PATH, part of the first major federal legislative response to homelessness, is administered by the SAMHSA Center for Mental Health Services (CMHS).
- Distributed annually to all 50 states, the District of Columbia, Puerto Rico, the Northern Mariana Islands, Guam, American Samoa, and the U.S. Virgin Islands. Each state or territory solicits proposals and awards funds to local public or nonprofit organizations, known as PATH providers.

## PATH Continued.

### How to Access

- There is currently one provider in Idaho who is a PATH Provider which is CATCH in Boise
  - Located at [503 S Americana Blvd, Boise, ID 83702](#)
  - Phone: [\(208\) 246-8830](tel:(208)246-8830)
- When doing outreach, they prioritize helping people who are experiencing unsheltered homelessness and sleeping on the street to connect them to the supports they need to access emergency shelter, services, and housing
- They work on helping them obtain permanent housing and supportive services, including counseling and substance use treatment and side-by-side to connect them with the services, treatment, and benefits that can help meet their goals.

## PATH Continued.

### Supported Activities

- Outreach
- Screening and diagnostic treatment
- Habilitation and rehabilitation
- Community mental health
- Substance use disorders treatment
- Referrals for primary health care, job training, educational services, and housing
- SOAR Applications which is SSI/SSDI Outreach, Access, and Recovery who are experiencing or at risk of homelessness and have a serious mental illness, medical impairment, and/or co-occurring substance use disorder
- Housing services as specified in Section 522(b)(10) of the Public Health Service Act

## PATH Continued.

### How is Data Collected

Each Provider is required to submit annual PATH data reports through the PATH Data Exchange (PDX).

PDX is an online data collection tool that collection PATH provider Homeless Management Information System (HMIS) data



## CCBHCs : Certified Community Behavioral Health Clinics

- Certified Community Behavioral Health Clinics (CBHCs) are specially-designated clinic systems that provide a comprehensive range of basic primary care, mental health and substance use services, particularly to vulnerable individuals with the most complex needs.
- CCBHCs serve anyone who walks through the door, regardless of age, diagnosis, or insurance status.

Staffing  
requirements

Access and  
availability

Care Coordination

General service  
provisions

(9 required services that  
are person-centered and  
family-centered)

Data collection,  
reporting and  
tracking

Organizational  
authority and  
governance

- **4 SAMHSA Implementation Grant Recipients (Fall 2022):**

- Heritage Health
- CHAS
- Terry Reilly (Caldwell)
- Family Health Services

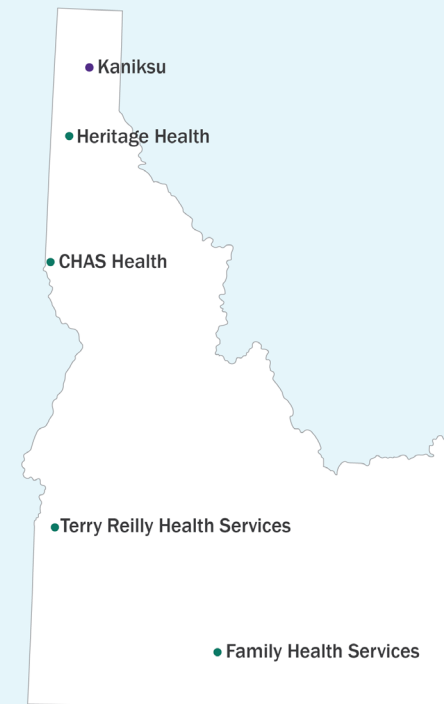
- **1 SAMHSA Implementation Grant Recipient (Fall 2023):**

- Kaniksu

- **4 Year/\$1M Grants**

## CCBHC Locations

- 2022 SAMHSA Grant Recipients
- 2023 SAMHSA Grant Recipients



## CCBHCs Provide Nine Core Services Directly or Through Formal Partnerships

Crisis Services



Outpatient Mental Health & Substance Use Services



Screening, Diagnosis & Risk Assessment



Person- & Family-Centered Treatment Planning



Psychiatric Rehabilitation Services



Community-Based Mental Health Care for Veterans



Outpatient Primary Care Screening & Monitoring



Peer, Family Support & Counselor Services



Targeted Case Management



## Behavioral Health Crisis Centers

Behavioral Health Crisis Centers are a place for adults to go if they are experiencing a behavioral health crisis, such as suicidal thoughts or withdrawal from drugs, and get help. They can stay for up to 24 hours, and receive a bed, food and services from mental health professionals to decide what to do next.

Crisis centers operate 24/7/365 and are available to provide evaluation, intervention and referral for individuals experiencing a behavioral health crisis

These centers are accessible to all adults on a voluntary basis and services are free

The staff of the center will be comprised of three levels of behavioral health professionals: Certified Peer Specialists/Recovery Coaches, Clinicians and Medical staff (Nurses/EMTs).

# Behavioral Health Crisis Centers

- Crisis centers are voluntary.
- An episode of care at a behavioral health crisis center is no more than 23 hours and 59 minutes.
- Services provided include a 24-hour hotline, detox services, crisis intervention and prevention.
- Eligibility for the centers:
  - be at least eighteen (18) years of age
  - display demonstrated impairment and/or symptom(s) consistent with a behavioral health crisis;
  - be medically stable, and
  - be in need of frequent observation on an ongoing basis.



# Accessing Behavioral Health Services

## Substance Use Disorder Services

### Recovery

Oxford House

Safe and Sober Housing Start Up Funds

Individualized Recovery Support Services

Community Recovery Supports – Recovery Centers, Upriver Youth Leadership Council, The Phoenix

SOAR\*\*

### Intervention Initiatives

Idaho Law Enforcement Diversion (ILED)

Reentry Programs

Warm Handoff Programs

### Naloxone Distribution

A discussion and an update

# Accessing Behavioral Health Services

## Substance Use Disorder Services

### Improving Access

Third Space Telehealth Pods\*\*

SUD Media Campaign

OTP and OBOT Expansion

Startup costs for:

SUD residential treatment facilities

SUD Safe & Sober Housing facilities

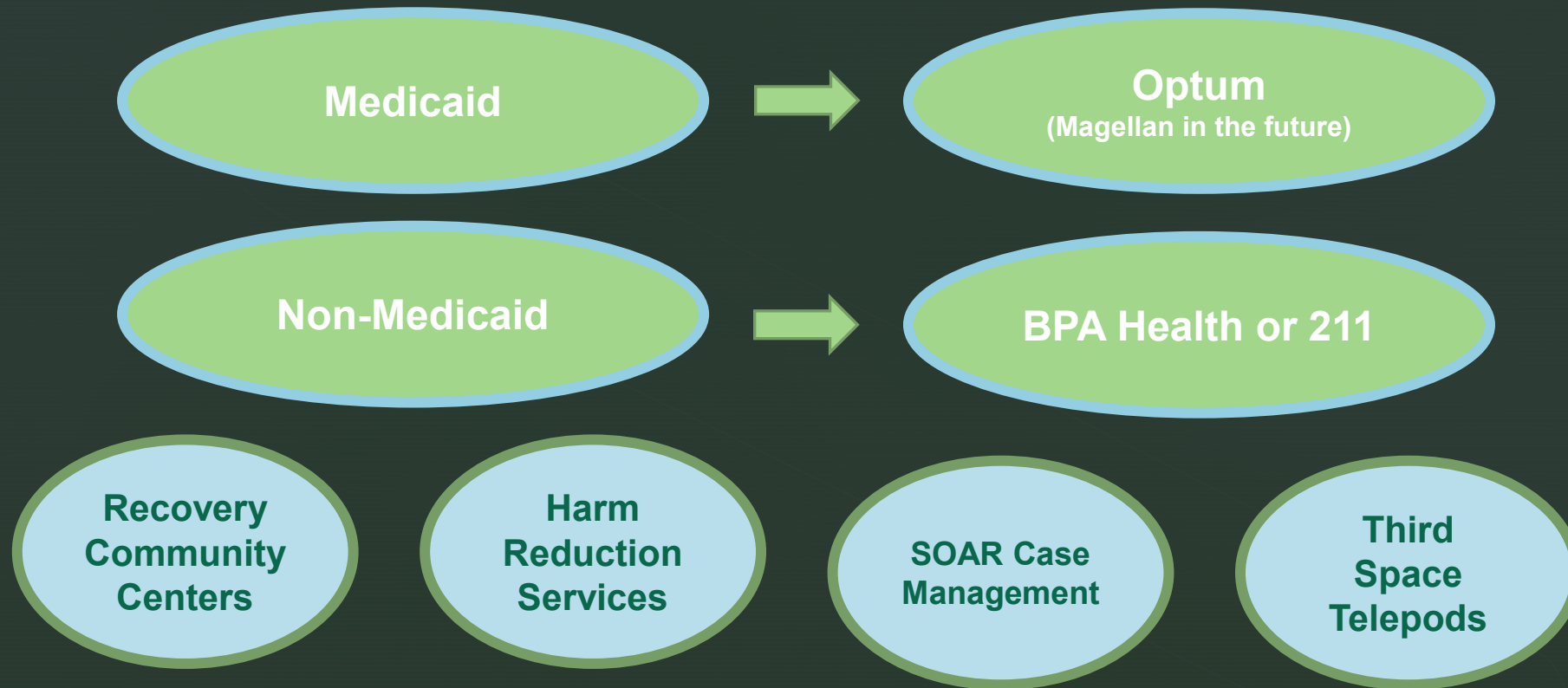
### SUD Treatment

Individualized treatment for uninsured Idahoans, including Medication Assisted Therapy (MAT), through BPA Health\*\*

Project HOPE

# Accessing Behavioral Health Services

## Substance Use Disorder Services



**A few highlights...**

# Accessing Behavioral Health Services

## Substance Use Disorder Services

### SUD Treatment by the numbers

Clients Served in SFY 2023	
Primary Substance	Clients
Alcohol	399
Cocaine/Crack	11
Heroin	65
Inhalants	2
Marijuana/Hashish/THC/Cannabis	86
Methamphetamine/Speed	281
None	1
Other Amphetamines	18
Other Opiates/Synthetics	67
Other Sedatives or Hypnotics	1
Other Stimulants	5
TOTAL	925

# Accessing Behavioral Health Services

## Substance Use Disorder Services

### Third Space Telepods



**DBH** – has placed 14 **Third Space** pods throughout Idaho: Boise, Kuna, Ammon, Culdesac, Idaho Falls, Jerome, Parma, Kamiah, Lapwai, Mountain Home, New Meadows, Payette, Salmon, Winchester

**Blue Cross Foundation** – has placed 6 **Third Space** pods: Orofino, Weippe, Caldwell, Challis, Hailey, Parma

**DBH** – application for Third Space pods now open. Goals is to have 30 Third Space telepods in locations throughout Idaho.

## SSI/SSDI Outreach, Access, and Recovery (SOAR)

Seeking to end homelessness through increased access to SSI/SSDI income supports. The pictured individuals are a fraction of the over 50,000 people whose lives have changed because of the SOAR process.

[Learn More About the Model](#)



Number of SOAR Case Managers in Idaho: 117

For more info, contact:

Rachael Masaitis [rachael.Masaitis@dhw.Idaho.gov](mailto:rachael.Masaitis@dhw.Idaho.gov) or

Deb Stace [debra.stace@dhw.Idaho.gov](mailto:debra.stace@dhw.Idaho.gov)

# Accessing Behavioral Health Services


## Substance Use Disorder Services

Our SUD Website: <https://healthandwelfare.idaho.gov/services-programs/behavioral-health/resources-0>


### Resources


These are important resources related to substance use disorders.

### Idaho Treatment & Recovery Support Resource Map


Looking for substance use disorder (SUD) treatment and recovery support services? Go to the [Treatment & Recovery Support Resource Map for publicly funded SUD resources in Idaho](#) 

### Substance use disorder resources

[Substance Abuse and Mental Health Services Administration \(SAMHSA\)](#) 

[National Institute on Alcohol Abuse and Alcoholism](#) 

[Alcoholics Resource Center - Find AA Meetings in Idaho](#) 

[Regional Behavioral Health Services Act \(RBHSA\)](#) 

[Information for Substance Use Disorder Providers](#)

[Opioid Prevention, Response & Support](#)

# Accessing Behavioral Health Services

## Children's Mental Health

**Youth Behavioral Health Community Crisis Centers  
(YBHCCCs)**

**Youth Assessment Centers**

# Accessing Behavioral Health Services

## YBHCCCs - Idaho's Timeline

- Spring 2022: IDJC received legislative funding
- December 2022: Grants awarded by IDJC to 4 organizations
- June 2023: IDHW-DBH established contracts with the 4 grant awardees

# Accessing Behavioral Health Services

## YBHCCCs Best Practices

- SAMHSA's National Guidelines for Child and Youth Behavioral Health Crisis Care
- Accept all referrals
- Focus on medical stability
- Provide a pathway for higher level of care
- Services should address MH and SUD
- Multidisciplinary team
- Drop-off area for first responders
- Coordination of care
- Real-time regional bed registry

# Accessing Behavioral Health Services

## What happens at a YBHCC?

- Facility operated 24/7/365
- Currently serving ages 12-17, age will expand to 5-17 after the first year of operation
- Stay up to 23 hours and 59 minutes
- Admission is voluntary
- Services are provided to stabilize and de-escalate youth
  - Medical screening
  - Rapid stabilization
  - Assessments
  - Crisis intervention services
  - Community based referrals

# Accessing Behavioral Health Services

3 out of 4  
YBHCCC's are  
Open....

Idaho Falls  
Opened June 15, 2023

Twin Falls  
Opened August 14, 2023

Boise  
Opened October 16, 2023

4<sup>th</sup> YBHCCC is set to open in a temporary location in Jan. 2024

# Accessing Behavioral Health Services



## Rise Up

Opened June 15, 2023

1140 Science Center Dr.  
Idaho Falls, ID  
83403

208-826-0994



# Accessing Behavioral Health Services



# Accessing Behavioral Health Services



## ProActive Youth and Family Support Center

Opened August 14, 2023

264 Main Ave. South  
Twin Falls, ID  
83301

208-969-9841



# Accessing Behavioral Health Services

## Pathways Youth Community Support Center of Southwest Idaho

Opened October 16, 2023

9196 W. Emerald STE 100  
Boise, ID 83301

1-866-527-4747



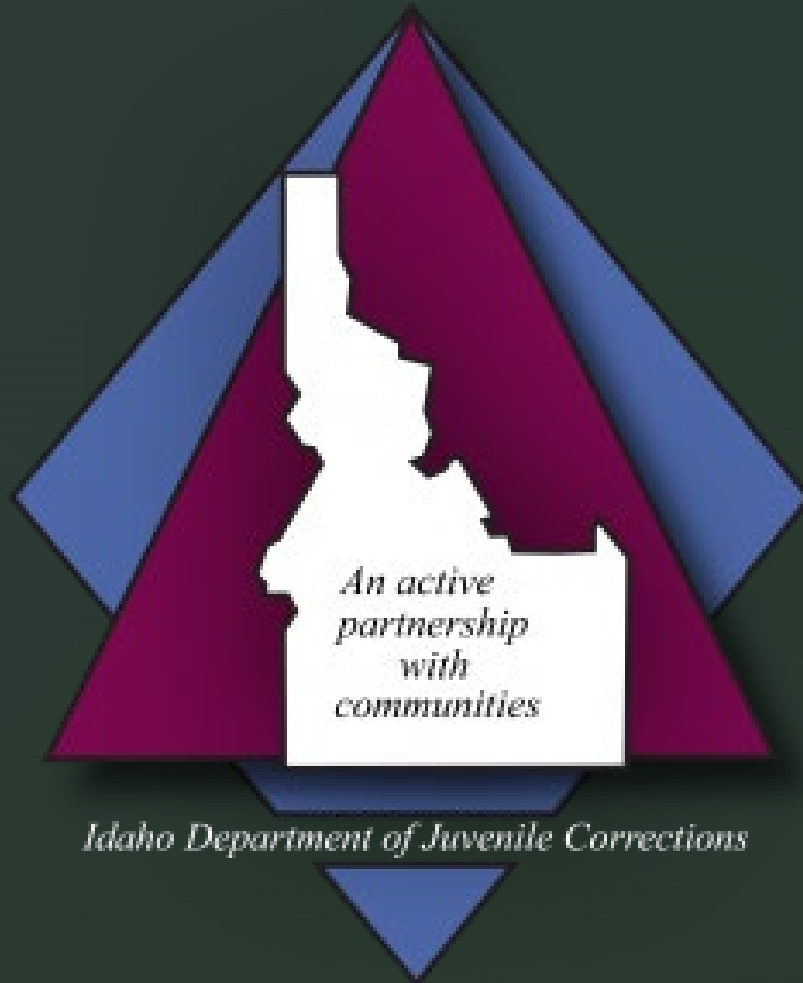
# Accessing Behavioral Health Services

## Children's Mental Health

### Youth Assessment Centers in Idaho?

The Idaho Department of Juvenile Corrections (IDJC) and the National Assessment Center (NAC) Association are proud to present eight new Youth Assessment Centers across each judicial district in the State of Idaho. These valuable resources will promote better outcomes for Idaho's youth through prevention efforts to divert youth from juvenile justice and child welfare systems.

# Accessing Behavioral Health Services




For questions about the  
Assessment centers please  
contact:  
Holly Walund  
[Holly.Walund@idjc.idaho.gov](mailto:Holly.Walund@idjc.idaho.gov)





# Open Discussion

- Ideas and recommendations for future partnerships between BH system and homeless service providers?
  - What gaps in service can we address together?
  - Next steps?
- 



Thank you,  
Division of  
Behavioral Health

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